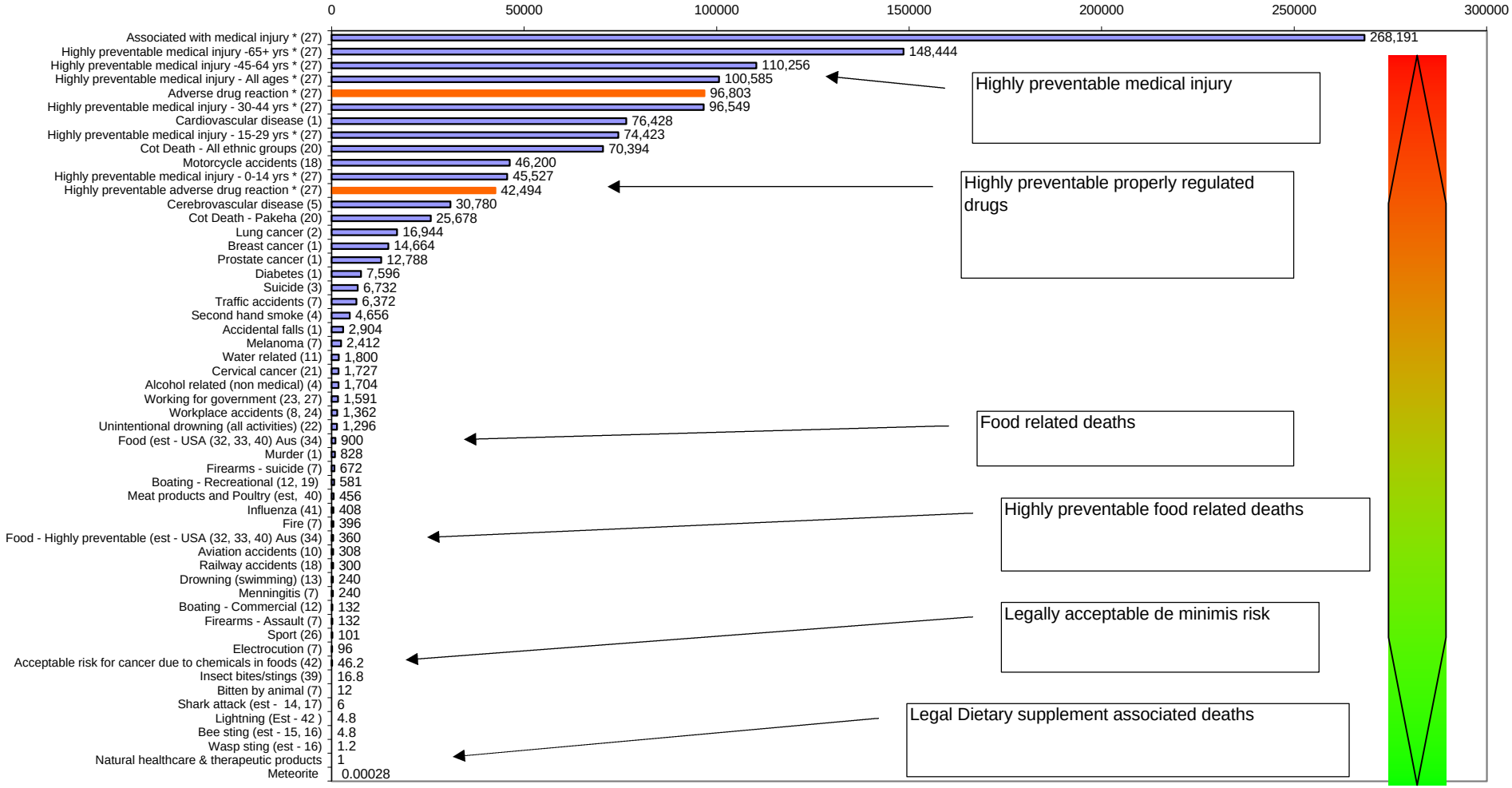Risk relative to legal dietary supplements